

ANSA NEWS

Spring / Summer Edition 2011

Dear All

Welcome to the Spring / Summer edition of our ANSA Newsletter. Having just returned from our well attended, successful 10th Anniversary conference, work is already underway planning for our conference in 2012.

The conference saw us saying goodbye to past president Cathy Johnson, she will be missed.

We are glad to announce Sharon Benton has been appointed President elect following our AGM on 12.5.11. I am sure she will be an excellent president when her tenure commences in 2012.

The ANSA anaemia academy modules are due to be updated in line with the current NICE guidance so watch this space for when this is complete.

Best wishes to you all.

Belinda Dring ANSA President



Cathy Johnson and Belinda Dring

ANSA 10th Anniversary Conference - Getting to the Heart of the Problem

The ANSA 10th Anniversary Conference was held this year at the Arden Hotel in Solihull on the 12th and 13th May. The conference was attended by 124 delegates, with 41 delegates attending their first ANSA conference.

On Thursday night there was a dinner symposium on the use and delivery of IV iron. The symposium was kindly sponsored by Vifor Pharma. Of special interest was the talk given by Julie Perry on her experience of receiving IV iron therapy. Her message reinforced the importance of individualising patient care, which is at the forefront of ANSA's visions.

Following dinner, Gill Donaldson was presented with an honorary membership of ANSA in recognition of her vast knowledge in anaemia management and all the support she has given to many of us over the years.

On Friday morning we were treated to the 'fairy tale' history of renal anaemia. Dr Chris Winearls took us back to the pre-ESA days, the discovery of erythropoietin and its development. Dr Iain Macdougall then followed up with an insightful discussion on the outcome of the TREAT study, the latest research, current trends and exciting new possibilities for treating renal anaemia. These two presentations provided a lot of discussion over coffee and the anniversary cake.



The five ANSA Presidents cutting the ANSA 10th Anniversary cake



Gill Donaldson accepting her Certificate of Merit and ANSA Lifetime Membership at the ANSA Conference

Dr Paul Stevens completed the morning sessions with his discussion on the NICE guideline update. He gave us an insight as to how the NICE guidelines were written and how they graded the evidence.

After lunch we welcomed Dr Paul Kalra, Consultant Cardiologist who gave us an introduction to anaemia in heart failure. He was followed by Dr Phil Kalra, Consultant Nephrologist who gave us further insight to Cardio-Renal Syndrome.

Both of these talks highlighted the importance of the management of patients with anaemia and heart failure. Katherine Whittingham, Lecturer in Community Nursing presented a case study of a heart failure patient with anaemia. The session ended with a discussion on the management of these patients.

Thank you to all speakers and delegates for an exciting and informative conference. We look forward to seeing you at the conference next year!

ANSA at World Kidney Day 10th March 2011

ANSA was represented at World Kidney Day 2011 by Executive Committee member Paul Wilson and Founder Member Karen Jenkins.

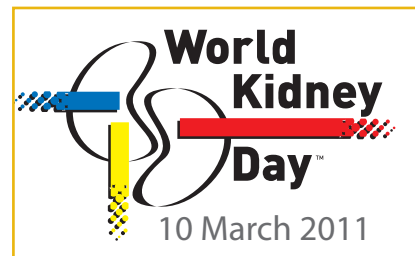
The day started with two inspiring speeches from young adults who both experienced home dialysis. One of the boys speaking was the youngest person at 13 years old to do haemodialysis at home.

Fiona Loud, Chair of the Kidney Alliance spoke about the priority areas for kidney care: screening for anyone who already has or is at risk of cardiovascular disease; the need for continuity of care and timely, appropriate access to specialist clinicians; adequate provision of best quality renal replacement therapy. Parliamentary Under-Secretary of State for Public Health, Anne Milton MP, emphasised the importance of providing adequate treatment so that people with kidney disease can live normal fulfilling lives.

Dr Donal O'Donoghue, National Clinical Director for Kidney Care also spoke at the reception. He announced that NICE were publishing a set of new Quality Standards for chronic kidney disease, which set out a view of what good quality kidney care should look like. The standards will help to improve care in kidney disease, and have a positive impact on cardiovascular disease, which as we know is closely linked with CKD.

It was wonderful for ANSA to be an integral part of such an important day and ANSA will continue it's support for 2012.

Karen Jenkins



ANSA HISTORY

The 10th Anniversary of ANSA is upon us and is a good time to reflect on its history and how it started and has evolved.

Erythropoietin stimulating agents (ESAs) have been a huge success story and have improved the lives of patients with renal disease immeasurably. Following on from clinical trials, nurses remained in post to monitor patients who were prescribed ESAs. At that time the drugs were prescribed in primary care and as part of the role, funding needed to be secured.

Roche and Janssen-Cilag provided most of the education for nurses on anaemia management and latterly the companies who produce the intravenous iron preparations. Janssen-Cilag formed the 'Anaemia Project Team'. This team planned annual meetings for all nephrology nurses but Anaemia Co-ordinators in particular. The team set the educational content for the annual meeting to suit the needs of nurses who had an interest and more senior nurses who required more in depth knowledge. Courses were organised regionally for nurses and advanced education for the Anaemia Co-ordinators. Whilst this was extremely valuable it had limitations. Some members of the project team felt that as a group they should be independent from drug companies and that they should be recognised as an expert group in their own right. This group would:

- deal with professional issues
- be a supportive network for anaemia nurses
- facilitate the sharing of practices and promote role development
- provide clinical supervision as anaemia nurses were working mainly in isolation
- challenge the inequity of patient care
- be influential in setting national standards for renal anaemia management
- be free from potential bias of individual drug companies

So the dream was born.

Lesley Bennett, Karen Jenkins, Marie Chowrimootoo, Bernice Thompson, and others set up ANSA with a shared vision and it has gone from strength to strength. With initial funding from Roche, planning began in 2000 and the work to set up the association began. This involved: naming the group; securing the support of the wider pharmaceutical community; setting up the terms of reference and appointing regional representatives. Their first ANSA conference was in 2002.

Subsequently, ANSA has organised Masterclasses in anaemia associated with: oncology, diabetes and cardiology. In 2006 they were awarded a seat on the BRS council. ANSA has also maximised the use of technology in providing E learning for anaemia management.



*L-R ANSA Executive at the 2004 Conference in Nottingham
Nancy Tannahill, Sandra Barnes, Alison Roche, Deborah Spencer,
Karen Jenkins, Lynn Fullerton, Pat Sirrett, Eleanor Maloney,
Lesley Bennett*



L to R: Lesley Bennett, Sharon Benton (President Elect) and Karen Jenkins

ANSA has been consulted on setting NICE guidelines for Managing Anaemia in Patients with Chronic Kidney Disease (NICE CG 039 2006 and its 2010 update) and in developing and publishing 'A guide to the administration of intravenous iron for people with anaemia of chronic kidney disease (CKD) in a non acute setting' this was done in collaboration with BRS CKD forum (2008).

In a joint venture with EDTNA, ANSA developed and published 'Haematology and the Patient with Chronic Kidney Disease – An Introductory Guide'. Since inception, ANSA has gone from strength to strength and continues to work hard for the benefit of patients with anaemia and chronic kidney disease.

Milestones and achievements in ANSA's first 10 years

- Oct 2000 – 1st meeting of anaemia co-ordinators
- Nov 2000 – 1st aims of association formulated/ provisional directory of anaemia co-ordinators
- Dec 2000 – Name agreed – ANSA/UK. Regional Reps agreed, officers confirmed
- Jan 2001 – Pharma companies pledged support
- 2001 – 1st newsletter/mission statement agreed/EDTNA WORKSHOP/ANSA database formulated
- 2002 – Stand at BRS/Joint SPOT/ANSA meeting/ANSA constitution agreed/ ANSA logo designed
- ANSA 1st Annual Conference - Oulton Hall, Leeds**
- 2003 – Oncology Masterclass
 - Joint poster presentation at ASN San Diego, USA, - Role of the Nurse in Anaemia Management
- 2004 – ANSA training day – Developing presentation skills Diabetes Masterclass
- 2005 – Clinical Skills Training day/Masterclass – Cardiology.
- 2006 – ANSA earned a seat on the BRS Council
 - ANSA involved with the development and subsequent publication of NICE guidance 'Anaemia Management in Chronic Kidney Disease'
 - ANSA launch E-learning Academy Module One
- 2007 – June NICE Anaemia Management CKD Guidelines study days hosted by ANSA in Nottingham and London
 - Aug- Dec ANSA and RCN collaboration with regional meetings
 - ANSA collaboration with BRS CKD forum
 - 40 ANSA members attend the EDTNA Conference in Sept 2007
- 2008 – A Guide to the administration of intravenous iron for people with anaemia of chronic kidney disease (CKD) in a non acute setting' developed and published in collaboration with BRS CKD forum
 - ANSA work collaboratively with the RCN nephrology nursing forum supporting a series of 8 national workshops entitled ' Renal Care across Communities '
 - ANSA abstract accepted for BRS, EDTNA and submitted to ASN
 - E-learning Anaemia Academy abstract presented at BRS and EDTNA and published in the ASN Abstract book
 - ANSA launch E-learning Academy Module Two
- 2009 – 'Haematology and the Patient with Chronic Kidney Disease – An Introductory Guide' developed and published, a joint venture with ANSA and EDTNA support
 - Attendance at World Kidney Day activities
- 2010 – ANSA involved with the NICE 'Anaemia Management in Chronic Kidney Disease' guideline update Pilot e-earning modules for the Nursing Times due to the positive evaluation of our anaemia academy modules

2011 – ANSA 10 year Anniversary Conference- Birmingham

An Acknowledgement of ANSA Leadership

None of the milestones could have been achieved without strong leadership. ANSA is indebted to the following officers over the past 10 years.

Presidents:

2001 Lesley Bennett
 2003 Karen Jenkins
 2005 Alison Roche
 2007 Cathy Johnson
 2010 Belinda Dring

Secretaries & Treasurers:

2001 Bernice Thomson
 2002 Marie Chowrimootoo
 2003 Lynn Fullerton
 2005 Patricia Sirrett
 2007 Carol Anderson
 2010 Kate Taylor

Secretariat: John & Patti Monkhouse

Green ANSA

With media and government interest in climate change, there is increasing individual and organisational awareness of environmental issues and reducing our carbon footprint. Your ANSA Executive Committee is very conscious of this fact. We have produced a policy, which aims to adhere to the specific, relevant legislation. This policy will be placed on the ANSA website. The Executive committee will look to foster links with all other interested groups. Initial contact has been made with the Knowledge in to Action group.

We will look to use the Good Corporate Citizenship assessment model to help ANSA work out where we are and where we are going. From little acorns, mighty oaks grow! We hope that our individual members will embrace this policy. We welcome any our ideas that members have that can be shared with all the membership, such as placing the ANSA newsletter online and not sending a paper copy to all our members.

Suggestions to Iain Wittwer: iain.wittwer@orh.nhs.uk

Membership update May 2011

ANSA Membership has been rising steadily again since January 2011.

15 new members have joined from Ireland and a further 26 from the UK this year.

The Membership now totals 159 and includes members from Australia and Sweden.

Please contact the Secretariat if you wish to join us.



L - R: Sue Perrin, Dr Chris Winearls, Professor Iain Macdougall and Kate Taylor at the ANSA Conference 2011

Dates for Your Diary in 2012

Thursday 8th March

World Kidney Day

Friday 30th March

ANSA Conference - Hallam Conference Centre, London

Monday 30th April - Thursday 3rd May

BRS Conference, Manchester Central

September

EDTNA/ERCA International Conference

2012 Dates and Venue/Country to be announced at the 2011 Conference in Ljubljana, Slovenia

Friday 28th - Saturday 29th September

**Renal Pharmacy Group Conference
ICC Manchester**

Tuesday 30th October - Sunday 4th November
ASN, San Diego, USA

If you wish to become more involved in ANSA activities, Write to Us

ANSA Secretariat · 26 Oriental Road · Woking · Surrey · GU22 7AW

Tel: 01483 724 472 · Fax: 01483 727 816 email: ANSA@mandmconsultants.co.uk