



Dear all ANSA members,

I would like to inform you that sadly I have had to resign from ANSA in January 2004 due to personal and professional commitments. I leave with very fond memories of ANSA especially from the early days of setting it up. ANSA has no doubt blossomed since then and I am sure it will continue to flourish. Unfortunately, I cannot attend this year's conference which would have given me the opportunity to say goodbye properly. However, I will be thinking of you and I wish ANSA Executive and all its members, all the very best in the future and convey my sincere thanks to all who supported me in my role as secretary of ANSA. Happy Conference

Best wishes  
Marie Chowrimootoo

### Tribute to Marie Chowrimootoo

Thank you, Marie,

The whole of ANSA is in your debt. Your vision along with the other Founder Members helped create the Anaemia Nurse Specialist Association. Your initial help as Treasurer set us on the right path for growth. More recently, your work as Secretary has been most appreciated.

Thank you for your help in the development of ANSA.

We look forward to seeing you at future ANSA meetings and wish you all the best for the future.

#### Pre AGM Postal Ballot Results

- Article 4. Membership  
It was proposed to open membership to all healthcare professionals working in the field of anaemia management
  - Article 5. Executive Board  
It was proposed to dissolve the role of secretary
- Both proposals were unanimously agreed by those returning their postal ballot forms. Members will be asked to confirm these results at the AGM.**
- Succession of Officers  
Deborah Spencer was proposed as President-elect  
Lynn Fullerton was proposed to continue as Treasurer

**Both proposals were unanimously agreed by those returning their postal ballot forms. Members will be asked to confirm these results at the AGM.**

### Executive Committee

**Karen Jenkins, President - [Karen.Jenkins@ekht.nhs.uk](mailto:Karen.Jenkins@ekht.nhs.uk)**  
**Deborah Spencer, President-elect - [deborah.spencer@addenbrookes.nhs.uk](mailto:deborah.spencer@addenbrookes.nhs.uk)**  
**Lynn Fullerton, Treasurer - [lfullert@ncht.trent.nhs.uk](mailto:lfullert@ncht.trent.nhs.uk)**

### Regional Chairs

**Pam Airey - Scotland - [p.airey@dgri.scot.nhs.uk](mailto:p.airey@dgri.scot.nhs.uk)**  
**Sandra Barnes - East Birmingham/Nottingham/Derby/Leicester/Lichfield/Coventry/Solihull - [Sandra.Barnes@heartsol.wmids.nhs.uk](mailto:Sandra.Barnes@heartsol.wmids.nhs.uk)**  
**Eleanor Maloney - East Anglia/Essex/Herts/N.Thames - [eleanor.maloney@bartsandthelondon.nhs.uk](mailto:eleanor.maloney@bartsandthelondon.nhs.uk)**  
**Alison Roche - S.Thames/South of the M4 - [alison.roche@kingsch.nhs.uk](mailto:alison.roche@kingsch.nhs.uk)**  
**Pat Sirrett - West Birmingham/Sandwell/Wolverhampton/Shrewsbury/Worcester/Hereford/S.Wales - [Patricia.Sirrett@uhb.nhs.uk](mailto:Patricia.Sirrett@uhb.nhs.uk)**  
**Nancy Tannahill - N.Wales/M62 corridor/Lancashire/Yorkshire - [Nancy.Tannahill@rlbuh-tr.nwest.nhs.uk](mailto:Nancy.Tannahill@rlbuh-tr.nwest.nhs.uk)**  
**Deborah Spencer - Newsletter Editor/Web page contact - [deborah.spencer@addenbrookes.nhs.uk](mailto:deborah.spencer@addenbrookes.nhs.uk)**  
**Lesley Bennett - International Liaison Officer - [Lesley.Bennett@orh.nhs.uk](mailto:Lesley.Bennett@orh.nhs.uk)**

**ANSA Secretariat · 26 Oriental Road · Woking · Surrey · GU22 7AW**

**Tel: 01483 724 472 · Fax: 01483 727 816**

**email: [ANSA@mandmconsultants.co.uk](mailto:ANSA@mandmconsultants.co.uk)**

**If you wish to become more involved in ANSA activities, Write to Us.**

# ANSA NEW

SPRING 2004

Welcome to the Spring edition of the ANSA newsletter.

2003 has been a busy year for ANSA and its members. ANSA's presence has been seen at both national and international conferences:

A collaborative audit by three of our members was presented at the Renal Association in October and at the American Society of Nephrology (ASN) in San Diego in November.

The Role of the Nurse in Anaemia Management was presented at the ASN in November and at the RCN Nephrology Conference in March 2004.

We have been building international links and have supported study days in Ireland, with more planned for this year.

These presentations have helped to raise the profile of the association and increase our membership.

At this year's Annual conference we have the innovations in practice abstract award and the lucky winner will receive sponsorship for the Anaemia Module at Hertfordshire University – it could be you!

So that we get even more abstracts next year, ANSA is holding a Presentation Skills Study Day on Friday 9th July 2004.

ANSA will continue to hold regional meetings to support your educational needs locally.

There will also be a Masterclass focused on Anaemia in Diabetes on 3rd December 2004.

The ANSA website, [www.anaemianurse.org](http://www.anaemianurse.org) is currently being redesigned. We apologise for the inconvenience this causes.

Your comments and ideas are important to help determine ANSA's future development. Please send suggestions for the website and newsletter to Deborah Spencer.

Our membership is growing (currently stands at 165 members) and there have been several changes within the Association. To find out what they are, come to the AGM at the Annual conference.

I look forward to seeing you at the Annual conference.

Best Wishes

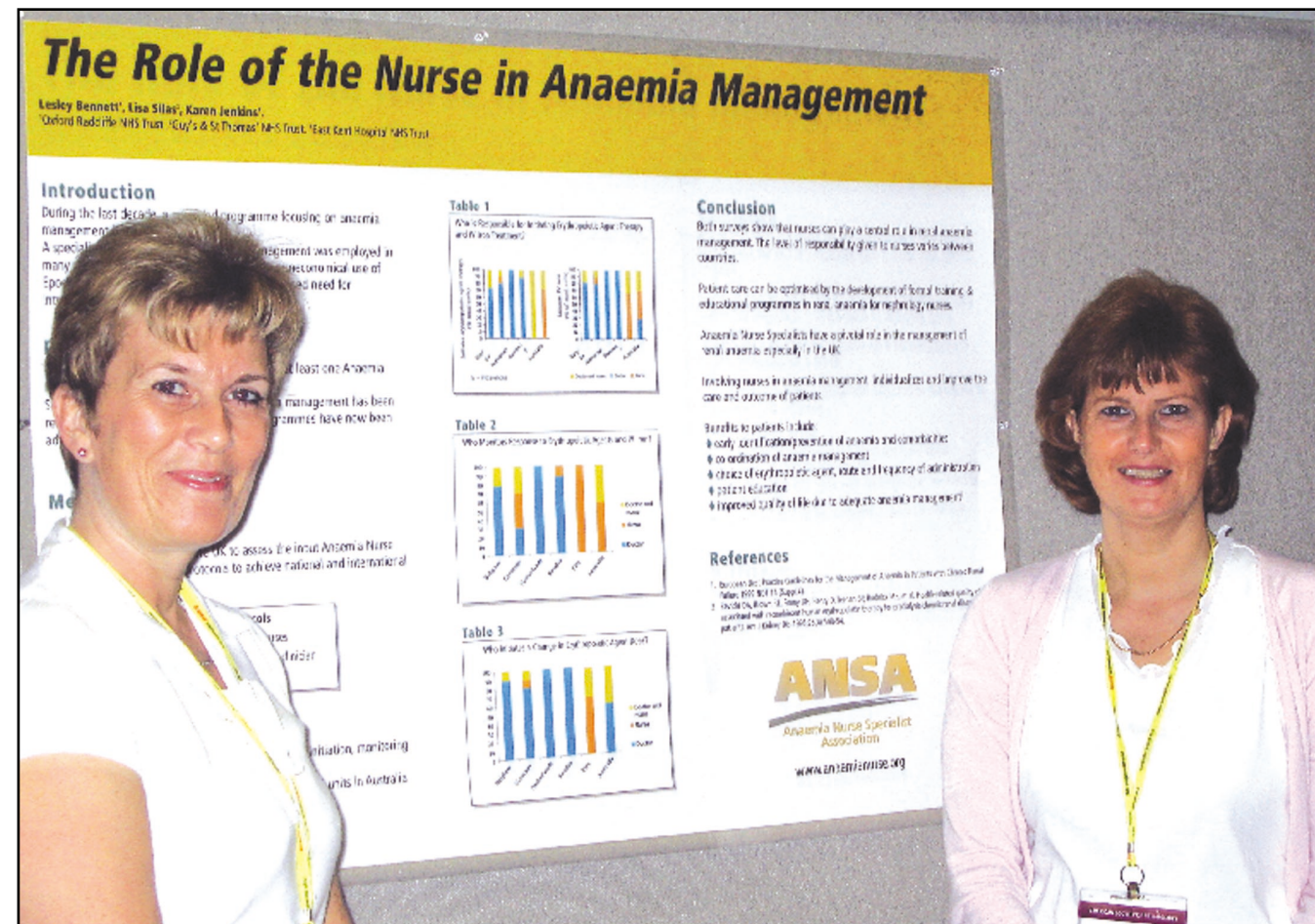
Karen Jenkins  
President, ANSA

**ANSA**  
Anaemia Nurse Specialist  
Association

# ANSA

Anaemia Nurse Specialist  
Association

## ANSA at ASN 2003, San Diego



Lesley Bennett and Karen Jenkins stimulated a global response when they presented an ANSA poster at the last ASN meeting in San Diego. Their outline of the Role of the Nurse in Anaemia Management was well received and attracted many delegates. Following the meeting, professionals from Brazil, Canada, Japan and the U.S.A have expressed interest in ANSA. Well done, Lesley and Karen!

## OVERSEAS MEMBERS UPDATE

Following a successful recruitment drive we now have 13 nurses from across the Irish sea. I am therefore hoping to plan and organise a regional meeting for all Irish ANSA members both North and South of the border during next summer.

I would be grateful to hear from our Irish members of any suggestions regarding topics that you might like addressed or regarding speakers that you may like to invite. You may even have some 'burning ambition' to present something yourself. I am open to any suggestion. I would also be grateful for any ideas regarding venues, particularly if you think that your hospital could host such an event.

As always, I can be contacted via my e-mail address which is : [Lesley.Bennett@orh.nhs.uk](mailto:Lesley.Bennett@orh.nhs.uk)

## TREASURER'S REPORT

ANSA continues to grow and prosper. The ANSA Budget focuses on providing high quality education and training for professionals in the field of anaemia management. We acknowledge the generous support of our six corporate members: Amgen, Ortho-Biotech, Roche, Shire, Syner-Med and Vitaline. Thank you for your on-going support and assistance.

**Lynn Fullerton**

## REGIONAL NEWS

### EAST ANGLIA / ESSEX / HERTS / N.THAMES

'Thank you to all of you who attended our regional meeting last year. We had a very interesting and informative day, with some very positive feedback. I hope that everything is going well for you all in 2004 and I look forward to seeing you at the National Meeting in Nottingham in April. **Eleanor Maloney**'

### S. THAMES / SOUTH OF THE M4

In collaboration with ANSA and very kindly sponsored by Roche, Gayle Githens-Mazer the Anaemia Nurse specialist at Guys Hospital hosted a regional study day for Thames Area nurses held at Guy's on Thursday 25th March 2004. A packed programme was provided and plenty of discussion and debate ensued from the 30 nurses attending. The theme of the day was the patient's journey through the process of kidney disease and highlights included treating anaemia in diabetic patients, palliative care processes, systematically investigating poor response to anaemia treatment, and an update on the current position and opportunities for supplementary prescribing. **Alison Roche**

### MIDLANDS

"Look out for forthcoming study days entitled 'Anaemia Management and Beyond'. These will be organised and chaired by regional chairs Sandra Barnes and Pat Sirrett. They will be held in Tewkesbury and Derby on 30th June and 1st July respectively but this is not yet set in stone. We will be looking at the National Service Frameworks, Overview and Assessment of anaemia, adverse reactions and much more, hoping to make them both interesting and motivational days. Speakers include Donal O'Donoghue speaking on NSF, Dr Chris Fegan, Consultant Haematologist, giving an overview of anaemia, and best of all Tony Ward speaking on a patient's perspective - a truly motivational speaker. Be prepared for an emotional roller coaster - bring your hankies! Those attending conference will find further information in their packs and posters will be forwarded to relevant units." Date of the next meeting 30th June and 1st July. **Sandra Barnes and Pat Sirrett**

### GREETINGS FROM THE M62 CORRIDOR

A joint meeting with SPOT was held January 19th at the "Village" Whiston Liverpool with about 40 delegates from Renal, Oncology/Haematology and Transfusion.

The day covered The Shot Report "are things improving", Clinical Governance, Blood Pressure Monitoring, Why Iron not Blood, Guidance on the use of EPO in Haematological conditions and Are all the EPO's the Same.

An interesting day had by all, and no doubt we will continue with them. **Nancy Tannahill**

### ANSA GOES TO IRELAND

On the 5th February, ANSA was invited to attend a meeting at Tullamore, which is about a one and a half hours drive from Dublin. This educational meeting was a joint collaboration between EDTNA and Roche pharmaceuticals.

Karen Jenkins (ANSA President) and Lesley Bennett (International Liaison Officer) were asked to run a workshop for the delegates regarding the writing of protocols and how to construct a business case. Karen also gave a 15 minute presentation detailing the aims and objectives of ANSA.

This workshop was well evaluated and both Lesley and Karen would like to thank both EDTNA and Roche for giving them this opportunity to speak and make new friends and acquaintances and enjoy the wonderful hospitality that Ireland is renowned for. **Lesley Bennett**

### "AN APPEAL FROM PAM AIREY - ANSA REPRESENTATIVE FOR SCOTLAND"

Pam held a very successful study day with good attendance from all over Scotland. Unfortunately most of the preparation and work was done by Pam herself. She is keen to encourage other anaemia nurses in Scotland to work with her to promote ANSA and anaemia management in Scotland. This doesn't need to be someone who has a lot of anaemia experience, but someone with enthusiasm, who will commit a small amount of time. If you are interested either contact Pam Airey or one of the ANSA executive committee.

**ANSA TRAINING DAY**  
*Developing Presentation Skills*

**Friday July 9 2004**

**London**

Sponsored by an educational grant from  
**ROCHE PRODUCTS LTD**

**MASTER CLASS** *in*  
*Anaemia in Diabetes*

**Friday December 3 2004**

**London**

Sponsored by an educational grant from  
**AMGEN**